

Foundation Stage - PE



	Dance	Games	Gymnastics
40 – 60 months	<ul style="list-style-type: none"> Experiment with different ways of moving. 	<ul style="list-style-type: none"> Negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles. Shows increasing control over an object in pushing, patting, throwing and kicking it. Handle objects with increasing control. 	<ul style="list-style-type: none"> Jump off an object and land appropriately. Travels with confidence and skill, around, under, over and through balancing and climbing equipment. Shows understanding of how to transport and store equipment safely.
ELG	<ul style="list-style-type: none"> Show good control and co-ordination in large and small movements. Move confidently in a range of ways, safely negotiating space. Know the importance for good health of physical exercise. 	<ul style="list-style-type: none"> Move confidently in a range of ways, safely negotiating space. Handle equipment effectively. Know the importance for good health of physical exercise. 	<ul style="list-style-type: none"> Show good control and co-ordination in large and small movements. Move confidently in a range of ways, safely negotiating space. Know the importance for good health of physical exercise.

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